

## GIVE IT A GO DAY

## Come along and give it a go

On Saturday 29<sup>th</sup> January we will be holding a give it a go day where you can come along and work with our coaches to try out some gymnastics skills. We have so many different codes of gymsports under one roof, so try before you decide.

Times are below:

- GFA Tumbling, Ninja Juniors and Ninja Tricking will be from 10.30am -11am
  - GFA General Gymnastics, Advanced, Excel and Competitive Squad
     11am -12pm



## **Gymnastics Waitara**

We have a huge variety of fun gymnastics equipment to use

We have Tiny Tots,
General
Gymnastics,
Parkour, Tumbling,
Advance
Gymnastics, Excel
and Competitive

All Ages from 18 months to 40 +

Saturday 29th January 2022

GYMNASTICS WAITARA
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