



GYMNASTICS WAITARA OPENS TIMETABLE – 22/23 May 2021

Address is; 17 Princess Street Waitara, across the road from the High School

Saturday – Doors Open at 7.00am

ROUND 1		
WAG STEP 5 First round - all round & team medals, apparatus certificates		
Warm up 7.30am		Compete 8.00am – 10.00am
ROUND 2		
WAG STEP 5 Second round - all round & team medals, apparatus certificates		
Warm up 10.00am		Compete 10.30am – 12.30pm
ROUND 3		
WAG STEP 6 all round and team medals, apparatus certificates		
Warm up 12.30pm		Compete 1.00pm – 3.00pm
ROUND 4		
WAG STEP 7 all round and team	General Warm up 3.00pm	Warmup/Compete 3.30pm – 5.45pm
ROUND 5		
WAG STEP 8-10 all round and team	General Warm up 5.45pm	Warmup/Compete 6.15pm – 8.15pm

Sunday – Doors Open at 7.00am

ROUND 6		
WAG STEP 5 Top 10 unders and overs from each first round – 20 unders and 20 overs – all round and apparatus medals		
Warm up 7.30am		Compete 8.00am – 10.00am
ROUND 7		
WAG STEP 7 apparatus	General Warm up 10.00am	Warmup/Compete 10.30pm – 12.45pm
ROUND 8		
WAG STEPS 8 – 10 apparatus	General Warm Up 12.45pm	Warmup/Compete 1.15pm – 3.15pm
ROUND 9		
WAG STEPS 6 – All gymnasts from first round – all round and apparatus medals		
Warm Up 3.15pm		Compete 3.45pm – 5.45pm

Organisers reserve the right to bring forward start times of rounds 2, 3, 4, 5, 7, 8,9 by 30 minutes

There will be a coach's area in the gym. Please let your coaches know they are welcome to help themselves to drinks and snacks while they are on the competition floor. We realise that many coaches do not get breaks during the day and would like to supply some refreshments for them.